

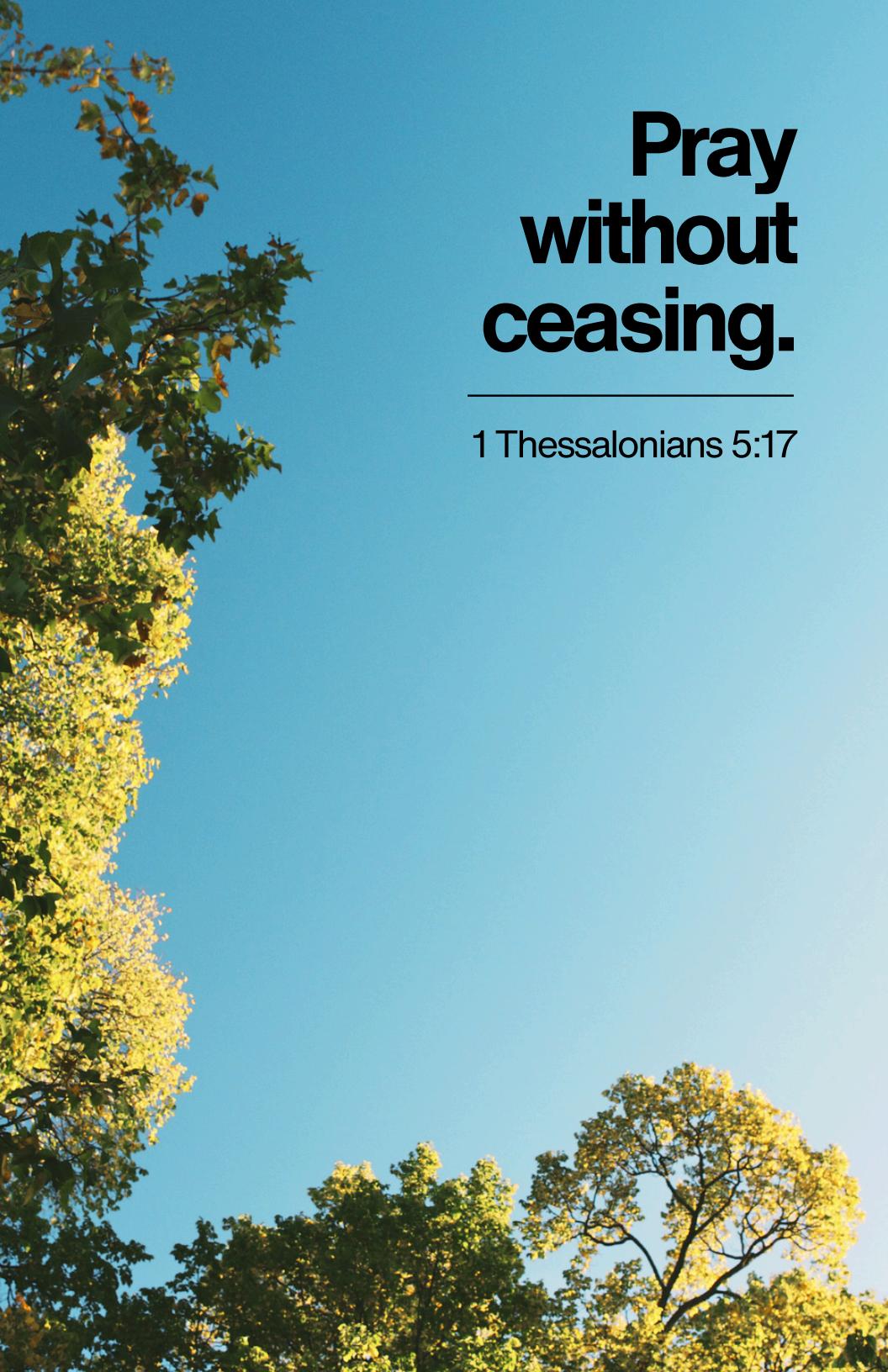
Pray

until something
happens.



Prayer and Fasting
January 12-16, 2026

Grace Cornerstone City Church



**Pray
without
ceasing.**

1 Thessalonians 5:17

Daily Devotions

The contents of this booklet
is from the book:

Teach The Church To Pray
by Dr. Jason Richard Tan

Message from a pastor

Last year, we began a Prayer Meeting series based on Dr. Jason Richard Tan's book, ***Teach the Church to Pray***. Many shared how the series helped them better understand prayer, while others found writing their prayers challenging at first—but discovered that consistency made it easier and more meaningful over time.

For many years, I have desired a deeper prayer life, a journey I continue to pursue today. This desire has grown stronger as we receive God's mandate for 2026–2030: **500 souls for Jesus and 100 committed workers**.

My prayer is no longer for myself alone, but for Grace Cornerstone City Church to become a praying church, ready for the great work God has set before us.

This P.U.S.H. January 2026, we will continue this series using materials from the same book. We thank God for Dr. Jason Richard Tan and pray that this booklet will be a valuable tool in strengthening your prayer life.

May you have a meaningful time seeking God's will, His ways, and His perfect timing. Keep PUSHing!

*Erika
Pantanilla*



Four movements in prayer

This book proposes four movements in prayer that would invigorate our walk with God. If done properly and consistently, this movement will guarantee personal growth. The four movements are:

- 1 Seek God's agenda.
- 2 Study the scriptures.
- 3 Scribble a prayer.
- 4 Submit to the Spirit's leading.

The end result of every prayer should be obedience to God; whether He wants us to act, wait, or to pray more, our ultimate goal should be obeying His will Prayer is not about making God answer our request, but making our request align with His will and greater purpose.



Teach the Church to Pray: For The Nations

1 Timothy 2:1-4

1 I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people— 2 for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. 3 This is good, and pleases God our Savior, 4 who wants all people to be saved and to come to a knowledge of the truth.

The Word of God affirms that governing authorities have been largely ordained or appointed by God to bring peace and social order, which should lead to godliness and holiness, and eventually the salvation of the nation.

Our prayers, therefore, should highlight the roles and responsibilities of governing authorities as ordained by God; that is, to promote peace, bring social order, and foster godliness and holiness. However, not every authority has been ordained by God as His servant.

A passage in Hosea shows that there are times when God's will has been violated by His own people who have chosen leaders whom God did not appoint. For example:

Hosea 8:4

They set up kings without my consent; they choose princes without my approval. With their silver and gold they make idols for themselves to their own destruction.

Yet in God's sovereign will, even evil kings serve a divine purpose. This is clearly illustrated when Pharaoh refused Moses's request to let God's people go. God responds to Pharaoh's refusal,

Romans 9:17b

I raised you up for this very purpose, that I might display my power in you and that my name might be proclaimed in all the earth.

For this reason, believers must fervently pray for governing authorities so that they would submit and align their will and actions with God's divine purpose in order to live up to their calling as God's servants. Leaders in government and public service are constantly tempted in all manner of ways. As a result, very few of them intentionally seek God's purpose for their lives and the nation. Let us pray that our leaders would learn to stand by God's Word so that God could bring peace and order to the nation through them.

Prayer Focus

1 Pray for the governing authorities

Read Romans 13:1-7 slowly.

Although this passage was written in a different context, you can still use it as a prayer model. Look for principles in the text that you could apply to your own situation. Underline the part in the passage that is most relevant to you.

Take note of your reflections.

Get a notebook and write your own reflection from the Scripture.

Write down a prayer.

Using the reflections, write a prayer for our leaders. You may write a prayer for different leaders accordingly. (*president, vice president, senators, local government officials, etc.*)

Pray for our nation.

- Salvation to all Filipino household. Repent from Idolatry and sins that enslave the whole country.
- Rising crime rate to go down and justice to prevail.
- Drug dependents to surrender to Jesus.
- Repent from homosexuality, healing and freedom from gender dysphoria and HIV infection.
- Young people to surrender their lives to Jesus. Rebuke suicidal spirit in the youth and the Philippines.
- Stronger Philippine peso and economy allowing Filipinos to have a better access to quality goods and services.

2) Pray for the salvation of the nations

Open your Bible to Isaiah 56:6-7

God's people are called to pray for the nations. As a house of prayer for all nations, the Church must prioritize leading every nation to Jesus Christ.

3) Pray for a billion souls for Jesus

In line with what the Lord has placed in Pastor Wesley's heart, to reach 500 souls for Jesus this 2026-2030, let us pray for more souls to come to know Jesus as their Lord and Savior.

Reflect and ask God for guidance

How many people is the Spirit of the Lord impressing in your heart to pray for? Ask the Holy Spirit to lead you toward a personal vision. How many people would you like to lead to the Lord this year? Then write a prayer about it.



Day Two

Teach the Church to Pray: For The Unity of Believers

Psalm 133:1-3 ESV

Behold, how good and pleasant it is when brothers dwell in unity! It is like precious oil on the head, running down on the beard, on the beard of Aaron, running down on the collar of his robes! It is like the dew of Hermon, which falls on the mountains of Zion! For there the LORD has commanded the blessing, life forevermore.

The theme of this short psalm is God's blessing upon His people when they live in unity. David declares that when God's people live in unity, it is both good and pleasant. There are plenty of things that are good but are not pleasant, like the taste of medicine or a flu shot. On the other hand, some things are pleasant but not good, like fried donuts or sugary drinks. Unity among believers is one of the few things the Bible describes as both good and pleasant.

Sadly, most churches today would rather fight each other than fight for unity. Stories of denominations, local churches, Christian institutions, and individuals suing each other over trivial matters has become all too common. As a result, these churches have become void of God's blessing, favor, presence, and life itself. Churches today function just like a secular organization-they provide services, but inside they are dead.

There are many things that plague a church, but at least two things are common with stagnating churches: *unforgiveness and absence of unity*. On the other hand, unity and forgiveness are hallmarks of a loving church. A church that cannot unite is a church that cannot forgive; a church that cannot forgive is a church void of God's presence; a church void of God's presence is a dead church!

Another issue that destroys the unity of the church is our failure to respect, value, and love one another. We fail to love one another because we fail to value each other. And we fail to value each other when we fail to see Christ's presence or glory in each other. If we could not see value and worth in the members of our own spiritual family, how could we even care for those who are not part of our family?

The sooner we see Christ in our brothers and sisters, the sooner we will love and value them, and the sooner the world will notice that God is present in our midst. If the world has stopped listening to the Church, it is not because we have no message to give but because we have no love to offer.

Prayer Focus

1 Pray for unity and forgiveness

Read John 17:20-23 slowly and carefully.

Allow the Holy Spirit to help you sense this need in your church.

Take note of your reflections.

Get a notebook and write your own reflection from the Scripture.

Write down a prayer.

Using the reflections, write a prayer seeking unity of believers and forgiveness.



Day *Three*

Teach the Church to Pray: For The Church Leaders

Serving as a pastor is not an easy task. Many pastors are overworked, overlooked, disheartened, underpaid, and unappreciated. And yet they are expected to lead and provide care for church members regardless of their personal struggles and issues in life.

Even seasoned ministers like Billy Graham admitted, “The Christian life is not a constant high. I have my moments of deep discouragement. I have to go to God in prayer, with tears in my eyes, and say, 'O God, forgive me!' or 'Help me.'”

These realities, however, do not stop believers from criticizing or even attacking their own pastors, even for insignificant issues. To make matters worse, pastors face tremendous stress and temptation constantly.

One of the best ways for a church member to support his pastor and church leaders is to pray for them. By simply telling your pastor, “I am praying for you regularly,” you could dramatically change his outlook and perspective on life and ministry.

Most pastors are in dire need of encouragement, affirmation, and prayer. They carry the tremendous burden of leading the church. The least that we can do is to say a little prayer for them.

Prayer Focus

1 Pray for your church leaders

These two passages are excellent starting points when praying for your church leaders. Let's study Colossians 4:3 before we write a prayer for our pastor. The apostle Paul, on many occasions, asked for prayer from his ministry partners.

- Open your Bible and read Colossians 4:3-4
- Write down a prayer in your prayer journal.

2 Pray for your pastor's protection.

Taking 2 Thessalonians 3:2, we can also pray for his protection and well-being, and that the name of the Lord will be honored in his life.

- Open your Bible and read 2 Thessalonians 3:1-2
- Write down a prayer in your prayer journal.

3 Pray for your pastor's ministry.

Other passages can also be used as a prayer guide even when the context does not directly talk about prayer. If a particular passage teaches about leaders or leadership, we could examine it to see if it could serve as a guide when praying for our leaders.

- Open your Bible and read Hebrews 13:17-18
- Write down a prayer in your prayer journal.

The author of the letter to the Hebrew believers commanded, "Have confidence in your leaders and submit to their authority." Pastors must give an account before the Lord for their ministry and, therefore, members must learn to submit and follow them. The task of leading a church is extremely stressful. The last thing a pastor needs are members who create trouble in the community.



Day Four

Teach the Church to Pray: With The Family

James Dobson said, “There is nothing more important than parents passing on a generational legacy of faith and values to their children.” We cannot and should not just leave it to the church to teach and disciple our children. The spiritual growth and well-being of our children is too important for us to just let others teach them.

The spiritual condition of the family rests on the parents, primarily the fathers. Therefore, parents should not sit idly and assume that their children are being discipled by the church. We need to get involved, check on them, be intentional in raising God-loving and God-obeying children. And one of the things we need to develop as they mature in their walk with God is the discipline of prayer.

Teaching our kids to pray:

1. Set a regular time for prayer

The ideal way to teach our children to pray is to set a scheduled family time. It may be difficult at first, but as it becomes a habit and a routine, it becomes easier.

The younger the kids, the easier it is to set a daily time in prayer. The older they get, the family schedule becomes more complex and challenging. So be creative and recover some of the lost time for prayer.

2. Communicate with your kids

Family prayer time should not be seen as an activity to be performed. Often, kids get bored and can't wait for it to be over. This happens when the family prayer time replicates what is done in church. Usually we sing worship songs, a passage is read, a devotion is given, and then the family proceeds to prayer. This is all good, but since the family often has time to bond together, it is better to focus more on the lives of your children.

Ask them about their school life, or what interests them, or what they are struggling with. Parents could use this time to ask their kids whether they are being good at parenting or what they could do to be a better dad or mom.

Then as they open up, the family could pray for these concerns. In this way, the family time becomes more of a bonding and mending time rather than a ritual to complete.

3. Take advantage of special occasions

Never let the busyness of an occasion push prayer away. In fact, during special events like birthdays, anniversaries, or Christmas, take the time to make prayer central to your family life.

During New Year, you may require the whole family to spend a few hours counting their blessings and thanking God for His faithfulness and goodness. Doing this reminds your children of the value of prayer and the primacy of our faith over everything in life.

4. Be creative

Anyone can use almost any passage in the Bible as a basis for prayer. However, you can also prepare ahead of time and use liturgical guides for family prayers. These can be found in many websites. You can assign your children to read one passage and prayer at a time. Or you can also set the family time for drawing or painting a prayer.

However you want to do it, what ultimately influences the prayer life of your children is your own prayer life. Our children look up to us. If we don't value prayer as parents, no amount of activity can change the way our children will look at prayer.

How do we pray for our family?

The Book of Psalms is a rich resource from which to look for prayers for our loved ones. Paul's letters to the churches also contain plenty of prayer suggestions.

Ephesians 1:17-18

I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better. I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people.

According to this passage, you can pray the following for your children:

- Wisdom and revelation to know Him better
- Enlighten the eyes of their hearts to know their purpose
- Blessing for your children

Prayer *Focus*

- **Protection & Safety:** Ask for divine shielding from harm, danger, and evil.
- **Unity & Love:** Pray for strong bonds, mutual support, kindness, and to model God's love.
- **Spiritual Growth:** Ask for each family member to know God, seek Him, and grow in faith.
- **Guidance & Wisdom:** Pray for direction in life's challenges and for wise decisions.
- **Health & Provision:** Request good health, peace of mind, and provision for needs.
- **Gratitude:** Thank God for the gift of family and for His blessings.



Day Five

Teach the Church to Pray: For Revival

The coming revival must begin with a great revival in prayer. It is in the closet, with the door shut, that the sound of abundance of rain will first be heard. An increase of secret prayer with ministers will be the sure harbinger of blessing.

—Andrew Murray

Church revival and church growth is never a product of strategies, programs, methods, plans, or procedures. We cannot produce or cause revival, but we can certainly prepare for its coming through prayer. It is God who brings revival to the church through people who are fully yielded to Him.

What the Church needs today is not more machinery or better, not new organizations or more and novel methods, but men whom the Holy Ghost can use-men of prayer, men mighty in prayer. The Holy Ghost does not flow through methods, but through men. He does not come on machinery, but on men. He does not anoint plans, but men- men of prayer.

Church historians, theologians, and missiologists have long identified the role of prayer in every revival event in church history. One could sense revival coming whenever there is a movement of prayer. A.T. Pierson said, “There has never been a spiritual awakening in any country or locality that did not begin in united prayer.”

Revival is not some kind of a unique phenomenon that happens rarely in the life of an individual or a church. Revival is a state where we enter the very presence of God and spend intimate time with Him. In a sense, we cannot cause revival, but we can certainly walk into it through prayer. Therefore, if you are longing to see a revival in your ministry, church, or nation, then start with prayer; start with your heart.

1. As God's people, we need to humble ourselves.

The word humble means to submit to God's sovereign rule in our lives. Is there anything in your life that is not totally under God's sovereign will? Is there anything that you refuse to surrender to God? As Hudson Taylor says, "Christ is either Lord of all, or is not Lord at all."

2. As God's people, we need to pray.

The second condition for God's touch is sincere prayer. The force of this act suggests a strong personal involvement in the activity of prayer. We need to develop the discipline of prayer.

3. As God's people, we need to seek His face sincerely.

The third condition for revival is to seek God's face. God wants to be sought after; the Spirit delights in being pursued. When was the last time you pursued God like a lover, seeking His presence and company?

4. As God's people, we need to turn away from our wicked ways.

The last condition for revival is to turn away from our wicked ways. What is it that God is nudging you to turn away from so that you can turn towards Him?

- Open your Bible and read 2 Chronicles 7:14.**
- Write down your reflection from this verse.**
- Write down your prayer in your prayer journal.**

Pray

until something
happens.



**“We exist to raise and send leaders who will
plant, direct, share, nurture, and teach others
until everyone matures in Jesus.”**

Grace Church’s Mission



Grace Cornerstone City Church Inc.

5F Techno Plaza One, 18 Orchard Road,
Bagumbayan, Quezon City

Sunday Service Schedule: 10 am

 Grace Cornerstone City Church

 @gracechurchphl

 gracechurchph@gmail.com

 www.gracechurchph.com